



August 24th – 26th, 2018

**WELL-BALANCED PROGRAM
TEST TRACK**

**COMPULSORY/JUMPS/SPINS
SHOWCASE
DANCE**

**IJS Judging Pre-Juvenile through
Senior**

**REGIONALS CRITIQUES AVAILABLE UPON
REQUEST – No Additional Fee**

Registration Due via Entryeze no later than JULY 29, 2018

Payment via a secured credit card transaction

**Hosted by
Oklahoma City Figure Skating Club**

**Arctic Edge Ice Arena
14613 N Kelly Ave
Oklahoma City, OK 73013**

*This event is a standard U.S. Figure Skating Nonqualifying Competition
LG/7-9-17*



The OKLAHOMA OPEN will be conducted in accordance with the rules and regulations of U.S. Figure Skating, as set forth in the current rulebook, as well as any pertinent updates which have been posted on the U.S. Figure Skating website.

This competition is open to all eligible, restricted, reinstated or readmitted persons as defined by the Eligibility Rules, and is a currently registered member of a U.S. Figure Skating member club, a collegiate club or an individual member in accordance with the current rulebook. Please refer to the current rulebook for non-U.S. Citizens.

ELIGIBILITY/TEST LEVEL:

Test level: Competition level is the highest test passed as of the entry deadline, in the discipline the skater is entering. Entrants may skate one level above that for which they qualify, but they may not skate down in any event.

Age restrictions/requirements as of July 29th, 2018:

- a. Juvenile 12 years of age or younger for girls and 13 years of age or younger for boys
- b. Open Juvenile: 13 years of age or older for girls and 14 years of age or older for boys

Skaters entering beginner–pre-juvenile events will be divided as closely as possible by age, should the number of entries warrant more than one group.

ENTRIES: Only online entries with secure credit card payment through EntryEeze will be taken. See event site at www.EntryEeze.com for more information. Note that electronic entries must be paid with a successful credit card transaction to be considered valid and **must be completed by midnight, JULY 29, 2018**. Late entries will be accepted at the discretion of the competition committee, and only if accompanied by a \$30 late fee.

FINAL ROUND is based on Free Skate Program ONLY.

Regionals Critiques are free to competitors in Juvenile through Senior Well Balanced and Short Program events. See section below on “Judging System and Regionals Critiques” for more information and how to register.

Short Program and Free Skate Programs will be considered separate events. Scores will NOT be combined.

Skaters may only compete in ONE Free Skate event.
Skaters may compete in TWO Short Program events (but not at the same level).

Sanctioned by:



First IJS Events:

Juvenile, Intermediate, Novice, Junior, Senior Short Program **\$60**

Pre-Juvenile, Juvenile, Intermediate, Novice, Junior, Senior Free Skate **\$115**

Additional IJS Event:

Juvenile, Intermediate, Novice, Junior, Senior Short Program **\$45**

FIRST 6.0 Event:

Non-qualifying level Free Skates excluding Pre-Juvenile, Adult Free Skate, Test Track Free Skate **\$105**

Compulsories, Showcase, Spins, Jumps **\$90; with the exception of Pre-Juvenile skaters participating in IJS Free Skate, above.**

The first 6.0 event for those Pre-Juvenile skaters will be \$30.

ADDITIONAL 6.0 Events:

Additional Singles Entries **\$30**

REFUND POLICY: Entry fees will not be refunded after entry deadline unless no competition exists or the event is canceled. There will be no refunds for medical withdrawals. The online processing fees are not refundable. Checks returned for non-sufficient funds and contested credit card charges will be issued a \$25 fee. Payment of the fee will be required before the skater is allowed to participate in practice ice or events. Notification of competition and practice ice times will be available online at the event site found at www.entryeeze.com.

There will be a \$25 change fee for each change of event or level after the entry deadline date.

FACILITIES: The competition will be held at Arctic Edge Ice Arena in Oklahoma City. The address is 14613 N Kelly Ave, OKC, OK 73013. Both Ice surfaces are 200' x 85' with rounded corners.

MUSIC: Online music submission is the ONLY acceptable method to submit program music. The uploaded program MUST conform to the following specification:

- 1) Only one piece of competition program music (e.g. Short Program, Free Skate, etc.) per file is allowed.
- 2) File Format: **MP3** (simply changing the file extension to "mp3" from another file format is not acceptable)
- 3) **Bit Rate: 192 kbps** or higher
- 4) The file should not contain any ID3 metadata (tags). Especially NO embedded images such as album cover art, picture of the skater, etc.
- 5) Leaders and trailers (the silence or "dead space" before and after the actual start and end of the program music) may not exceed two (2) seconds. We prefer that there be NO leaders or trailers at all. Excessive leaders and trailers may disrupt the playing of the music during competition.

See EntryEeze announcements on the main page for music submission deadline date and time. After you have paid for your events, the system will prompt you to upload your music for each event that requires music. If your music is not available at that time, you can logout of your account and return later to upload your music by going to the "competition" tab and then selecting "my music".

BACKUP MUSIC AT EVENT (CDs)

Competitors must submit their music online. In addition, all competitors MUST have at least one (1) backup CD rink side at practice sessions, where program music will be played, and during the actual competition event. CDs must meet the following requirements:

- 1) Clearly marked with a permanent marker with the skater's first and last name, event, and music length.
- 2) Only one (1) music track. Any disc with more than one track is NOT acceptable.
- 3) Lead in time on CDs may not exceed two (2) seconds.
- 4) Music may NOT be submitted on re-recordable CDRW discs.

The LOC is not responsible for damage to or loss of CDs. CDs not picked up by the end of the competition are not the responsibility of the LOC and will be destroyed.

Music issues during a performance - In most situations, the event referee will NOT stop a performance due to music skipping, poor quality, music stops completely, incorrect tempo or similar issues. For such situations during a performance, the skater should immediately approach the event referee for resolution. Please note rule 1403 C of the USFS rulebook: If the tempo or quality of the music is deficient, the competitor/couple/team must stop skating and notify the event referee.... Backup music must be readily available at rink side.

PENALTY FOR INCORRECT MUSIC OR FAILURE TO UPLOAD MUSIC

The LOC may assess each competitor an additional charge of \$25 per event if the competitor 1) fails to submit their music prior to the close of online music submission, 2) submits files that do not correspond to the specifications above, or 3) submits either the incorrect music or needs to make changes to their music after the close of online music submission. Competitors may NOT receive their credentials at registration until they pay the \$25 per event charge and turn in their music on CD, conforming to the requirements above.

LIABILITY:

U.S. Figure Skating, Oklahoma City Figure Skating Club, and Arctic Edge Ice Arena accept no responsibility for injury or damage sustained by any participant in this competition. This is in accordance with Rule 1600 of the official U.S. Figure Skating Rulebook.

JUDGING SYSTEM and REGIONALS CRITIQUES:

Skaters competing at the Oklahoma Open in Juvenile and above may request a free critique for their short and/or long program (programs skated during the competition will be critiqued, this is not a separate event). The critique includes both an IJS judge critique and Tech Panel critique by USFS qualifying competition officials. **YOU MUST** register for the free critiques in entryeeze prior to the entry deadline so that we can schedule judges appropriately. In most cases the critique will follow shortly after the event that was skated and will take place in a private area.

The International Judging System (IJS) will be used for the following events:

- *Well Balanced Program free skate events, preliminary-senior*
- *Short program events, juvenile through senior and open juvenile*
- *Adult Silver and Higher Free Skate Events*

IJS Pre-Juvenile and below events will be called according to the standard rules of IJS (see TN 201). Spins will be limited to a maximum of level 1 in free skate events.

All competitors skating in these events need to submit the Planned Program Content (PPC) form online. This form is found in the Member's Only section at www.usfigureskating.org. The deadline to submit the form is August 10th, 2018.

Changes to the planned program content form will be accepted until 10 days prior to the competition. Forms turned in at the competition will not be accepted. **Entries without the program content form will not be accepted.**

The 6.0 Majority Judging System will be used for:

- *Pre Preliminary Free Skate*
- *Introductory free skate events (beginner, high beginner)*
- *All Test Track events*
- *All specialty singles events (spins, jumps, compulsory moves, etc.)*
- *Showcase events*
- *All pairs events*
- *All dance events*

REGISTRATION: See the event site located at www.entryeeze.com for exact dates and times for registration. Registration will be open one to two hours before the first event and run through the last event of the day. The registration table will be located in the rink lobby. Please register promptly upon arrival.

LOCKER ROOMS AND CHANGING AREAS: This event will be following the Locker Rooms and Changing Area policy included in the SafeSport Handbook.

PRACTICE ICE: Practice ice may be chosen online for \$15 for each 20 (twenty) minute session. **Pre-paid practice ice is non-refundable and may not be sold to other skaters.** Practice ice can only be purchased through EntryEeze until the desk opens at the event.

Once the desk opens at the event, all remaining practice ice sessions will be sold only in person at the practice ice desk for \$20 for each 20-minute session.

OFFICIAL PRACTICES (session where music is played) may be purchased during registration and will be assigned by the LOC prior to the opening time for practice ice selection. Juvenile level and higher may purchase up to 2. Pre juvenile and below may purchase 1.

The ability to play music on other morning practice sessions will be on a first come-first serve basis as time allows. Music can be turned in no earlier than 15 min prior to practice session.

PHOTOGRAPHY/VIDEOGRAPHY: Action photos and event videos by a company to be announced. The competition committee reserves the right to restrict personal videotaping to your skater only. Personal cameras will be permitted in the bleachers only and may not be plugged into arena outlets. Videotaping for personal profit is not allowed.

AWARDS: Medals will be awarded to first, second, and third place winners in all events. Ribbons will be awarded to fourth, fifth, and sixth place winners. Trophies will be awarded to Pre-Preliminary, Preliminary, Pre-Juvenile, Juvenile, Intermediate, Novice, Junior, and Senior final round winners if number of entries warrant and time permits for final rounds to be held.

OFFICIAL NOTICES: An official bulletin board will be maintained at the arena by the registration desk. It is the responsibility of each competitor, parent and coach to check the bulletin board frequently for any schedule changes and/or additional information. Skaters are requested to arrive 45 minutes prior to the scheduled time of their event. A tentative schedule of events will be posted prior to the competition.

INFORMATION REGARDING COACHES:

U.S. Figure Skating Rule MR 5.11 Coach Registration

In order to be granted access to work within U.S. Figure Skating sanctioned activities, each coach must complete the following requirements on an annual basis by July 1:

- A. Must be a current full member of U.S. Figure Skating - either through a member club or as an individual member;
- B. Must complete the coach registration process through the U.S. Figure Skating Members Only site, submit proper payment for the annual registration fee of \$30 and, if 18 years of age or older, successfully pass the background screen.
- C. Must complete the appropriate CER courses (A, B, C or D) depending on the highest level of students being coached as of July 1. See rule MR 5.12.
- D. Must submit proof of current general liability insurance with limits of \$1 million per occurrence/\$5 million aggregate.

For Learn to Skate USA ONLY coaches - Any person, 18 and older, instructing a Learn to Skate USA Program must have successfully passed the annual background screen, be registered as a Learn to Skate USA instructor and completed the Learn to Skate USA Instructor Certification or U.S. Figure Skating Coach Compliance.

The local organizing committee/club will have a list of compliant coaches who are cleared for a credential at the competition. Coaches will need to check in at the event registration desk and show a government issued photo I.D. to receive a credential.

If a coach cannot provide a photo I.D. and is not on the list or cannot produce the necessary documents, he or she will not be allowed a credential – no exceptions. We strongly urge *all* coaches to have their cards with them. Non-credentialed coaches will not be permitted in the designated coaching area at rink side during events including practice sessions. Coaching at U.S. Figure Skating events without proper registration is an ethics violation which is reported to U.S. Figure Skating and PSA.

For more information regarding Coach Compliance, please refer to:
<http://usfsa.org/story?id=84159>

CONTACT INFO: If you have questions, please contact:

Chief Referee
Keith Yingling
keithyingling@gmail.com

Competition Chair & Event Registrar:
Megan Williams
Megwilliams328@gmail.com

ADDITIONAL INFORMATION:

SCHEDULE: Every attempt will be made to schedule official practice ice on Saturday, August 25, 2018, with events beginning on Saturday, August 25, 2018. If the number of entries warrants, it may be necessary to begin official practice ice on Friday, August 24th, with events beginning Friday afternoon/evening, August 24.

GARMENTS AND SOUVENIRS: Official 2017 Oklahoma Open Souvenirs may be purchased online and will be available at the competition.

PROGRAM ADVERTISEMENTS: Treat your favorite skater or coach to a special recognition by putting an advertisement in the program. Complete the Program Advertisement found on the event site located at www.entryeeze.com. Payment is to be made through EntryEeze.

TRANSPORTATION: For flying into the Oklahoma City area, Will Rogers World Airport is approximately 20 miles from Arctic Edge Ice Arena.

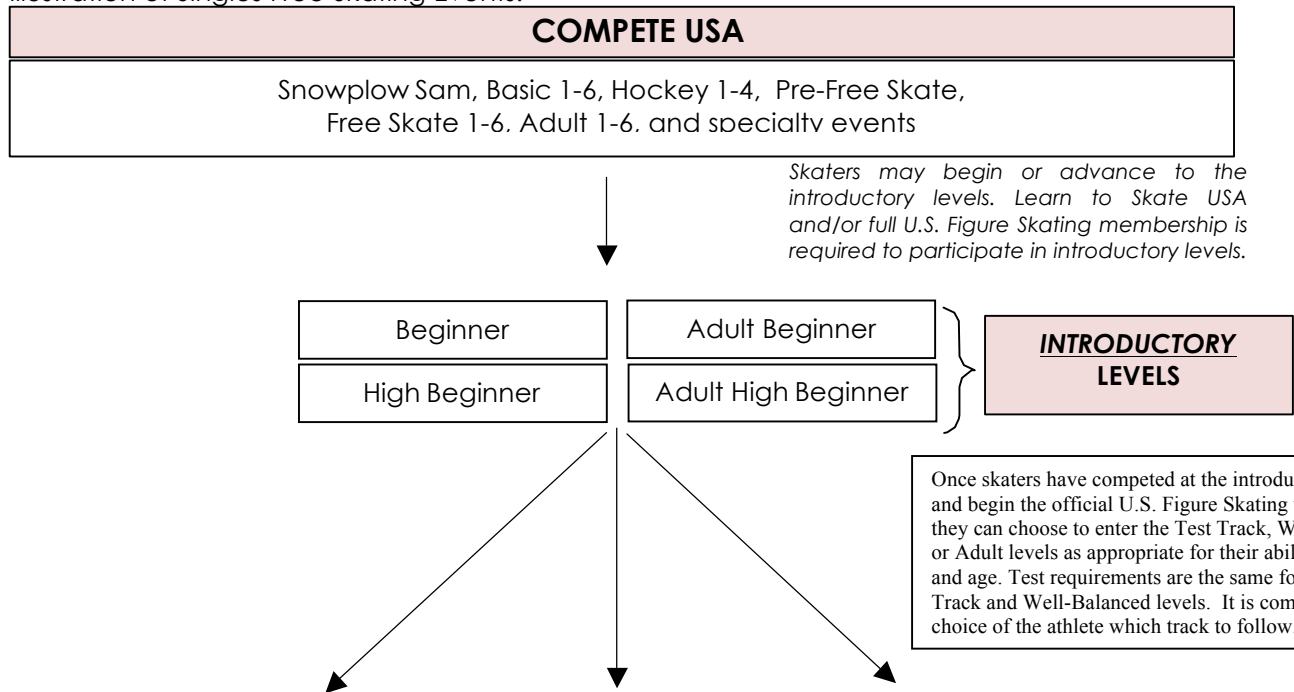
HOTEL ACCOMMODATIONS: There are a host of hotel options in North Oklahoma City in the Quail Springs area. These hotels will be within 5 miles of the arena.

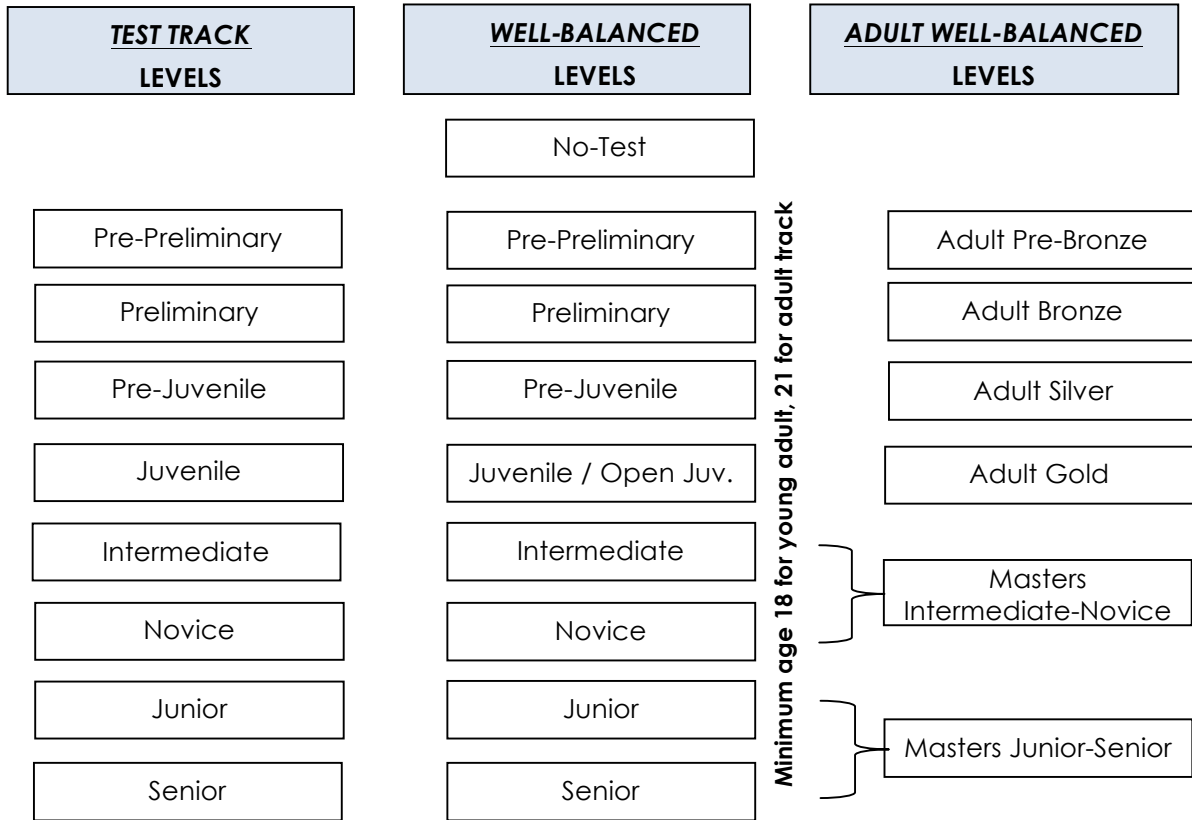
SECTION 2: Events Offered

SINGLES FREE SKATING EVENTS

See current rulebook or click [here](#) for current rules and requirements.

Illustration of Singles Free Skating Events:





General event parameters:

1. Skaters may not enter both a Well Balanced Free Skate event and a Test Track Free Skate event at the same non qualifying competition. 2. Level will be determined by the highest free skate test passed. Skaters may compete at the highest level they have passed, or skate up to one level higher.
3. All relevant and appropriate IJS rules will be used. Coaches and athletes are expected to be aware of these rules by reading the documents on www.usfigureskating.org, under "Technical Information," then "Singles/Pairs"
4. For event/level requirements, refer to the current rulebook and technical information of the on the www.usfigureskating.org
5. Qualifying and final rounds may be offered based on entries.

Please click the link below or visit www.usfigureskating.org to get the current requirements

A. Introductory levels Free Skate (Beginner and High Beginner)

INTRODUCTORY FREE SKATE PROGRAM

General event parameters:

- Skaters will skate to the music of their choice.
- Level will be determined by the highest free skate test passed. Skaters may compete at the highest level they have passed, or skate up to one level higher.
- Minimum number of spin revolutions are in parentheses following the spin description. Revolutions must be in position.

Level	Jumps	Spins	Step Sequences	Qualifications
Beginner 1:40 Maximum	Max. 5 jump elements: <ul style="list-style-type: none"> • Jumps with no more than one-half rotation (front to back or back to front). • Max. 2 jump sequences • Max. 2 of any same jump 	Max. 2 spins: <ul style="list-style-type: none"> • Two upright spins, no change of foot, no flying entry (Min. 3 revolutions) 	Connecting moves and steps should be demonstrated throughout the program	Skaters may not have passed tests higher than U.S. Figure Skating Learn to Skate USA free skating badge tests
High Beginner 1:40 Maximum	Max. 5 jump elements: <ul style="list-style-type: none"> • Jumps with no more than one-half rotation (front to back or back 	Max. 2 spins: <ul style="list-style-type: none"> • Two upright spins, change of foot optional, no flying 	Connecting moves and steps should be demonstrated throughout the program	Skaters may not have passed tests higher than U.S. Figure Skating Learn to Skate

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	to front including half-loop) <ul style="list-style-type: none"> • Single rotation jumps: Salchow and toe loop only. • Max. 2 jump combinations or sequences • Max. 2 of any same type jump. 	entry (Min. 3 revolutions)		USA free skating badge tests
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Compete USA competitions may include through the Preliminary well balanced free skate program. This chart can be found on the nonqualifying competition announcement page; Free Skate & Short Program – Singles; Singles Well Balanced Program Elements for No Test-Senior.

EVENT: 2017-18 Test Track Free Skate – Introductory through Senior levels

General event parameters:

1. Skaters may not enter both a Well-Balanced Free Skate event and a Test Track Free Skate event at the same nonqualifying competition.
2. Skaters will skate to the music of their choice. Vocal music is permitted at all levels.
3. Level will be determined by the highest Free Skate test passed. Skaters may compete at the highest level they have passed, or “skate up” to one level higher.
4. Minimum number of spin revolutions are in () following the spin description. Revolutions must be in position.
5. The following deductions will be taken:
 - 0.1 from each mark for each technical element included that is not permitted in the event description.
 - 0.2 from the technical mark for each extra element included.
 - 0.1 from the technical mark for any spin that is less than the required minimum revolutions.

Level	Jumps	Spins	Step Sequences	Qualifications
Beginner 1:40 maximum	<i>Max. 5 jump elements:</i> <ul style="list-style-type: none"> • Jumps with no more than one-half rotation (front to back or back to front). • Max. 2 jump sequences • Max. 2 of any same jump 	<i>Maximum of 2 spins:</i> <ul style="list-style-type: none"> • Two upright spins, no change of foot, no flying entry (Min. 3 revolutions) 	Connecting moves and steps should be demonstrated throughout the program	Skaters may not have passed any U.S. Figure Skating free skate tests
High Beginner 1:40 maximum	<i>Max. 5 jump elements:</i> <ul style="list-style-type: none"> • Jumps with no more than one-half rotation (front to back or back to front including half-loop) • Single rotation jumps: Salchow and toe loop only. • Max. 2 jump combinations or sequences 	<i>Maximum of 2 spins:</i> <ul style="list-style-type: none"> • Two upright spins, change of foot optional, no flying entry (Min. 3 revolutions) 	Connecting moves and steps should be demonstrated throughout the program	Skaters may not have passed any U.S. Figure Skating free skate tests

	<ul style="list-style-type: none"> Max. 2 of any same type jump. 			
Pre-Preliminary 1:40 maximum	<p><i>Maximum of 5 jump elements:</i></p> <ul style="list-style-type: none"> Jumps with not more than one-half rotation (<i>front to back or back to front including half-loop</i>) Single rotation jumps: Salchow, toe loop and loop only. Max. 2 jump combinations or sequences Max. 2 of any same type jump 	<p><i>Maximum of 2 spins:</i></p> <ul style="list-style-type: none"> Two spins of a different nature, one position only. No change of foot, no flying entry. (Min. 3 revolutions) 	Connecting moves and steps should be demonstrated throughout the program	Skaters may not have passed tests higher than U.S. Figure Skating pre-preliminary free skate test
Preliminary 1:30 +/- 10 sec.	<p><i>Maximum of 5 jump elements:</i></p> <ul style="list-style-type: none"> Jumps with not more than one rotation (no Axels). Max. 2 jump combinations or sequences Max. 2 of any same type jump 	<p><i>Maximum of 2 spins:</i></p> <ul style="list-style-type: none"> One spin in one position; no change of foot, no flying entry. (Min. 3 revolutions) One spin consisting of a front scratch to back scratch; exit on spinning foot not mandatory. (Min. 3 revolutions per foot) 	Connecting moves and steps should be demonstrated throughout the program	Skaters must have passed at least the U.S. Figure Skating pre-preliminary free skate test but may not have passed tests higher than the preliminary free skate test
Pre-Juvenile 2:00 +/- 10 sec.	<p><i>Maximum of 5 jump elements:</i></p> <ul style="list-style-type: none"> Jumps with not more than one rotation (no Axels). Max. 2 jump combinations or sequences Max. 2 of any same type jump 	<p><i>Maximum of 2 spins:</i></p> <ul style="list-style-type: none"> One spin in one position, no change of foot (Min. 3 revolutions) One combination spin: forward camel spin to forward sit spin; change of foot optional (Min. 6 revolutions). Spins may not fly. 	One step sequence fully utilizing ice surface	Skaters must have passed at least the U.S. Figure Skating preliminary free skate test but may not have passed tests higher than pre-juvenile free skate test
Juvenile 2:20 +/- 10 sec.	<p><i>Maximum of 5 jump elements:</i></p> <ul style="list-style-type: none"> Any single jumps, including Axel, are permitted. Max. 2 jump combinations or sequences Max. 2 of any same type jump 	<p><i>Maximum of 2 spins:</i></p> <ul style="list-style-type: none"> One solo spin in one position, no change of foot (Min. 4 revolutions). One combination spin with one change of foot and at least one change of position, must 	One step sequence fully utilizing ice surface	Skaters must have passed at least the U.S. Figure Skating pre-juvenile free skate test but may not have passed tests higher than juvenile free skate test

		include two of the basic spin positions. (Min. 4 revolutions per foot)		
Intermediate 2:40 +/- 10 sec.	<p><i>Maximum of 6 jump elements:</i></p> <ul style="list-style-type: none"> Any single jumps. Double jumps permitted: double Salchow and double toe loop. Maximum of 3 jump combinations or sequences Max. 2 of any same type jump 	<p><i>Maximum of 2 spins:</i></p> <ul style="list-style-type: none"> One must be a flying spin (min 5 revolutions), One must be a combination spin with at least one change of foot and at least one change of position (minimum 4 revolutions per foot). 	One step sequence fully utilizing ice surface	Skaters must have passed at least the U.S. Figure Skating juvenile free skate test but may not have passed tests higher than intermediate free skate test

Level	Jumps	Spins	Step Sequences	Qualifications
<p>Novice</p> <p>Ladies: 3:00 +/- 10 sec. Men: 3:30 +/- 10 sec.</p>	<p><i>Maximum of 7 jump elements for men and 6 for ladies:</i></p> <ul style="list-style-type: none"> Any single jumps. Double jumps permitted: double Salchow, double toe loop and double loop. Maximum of 3 jump combinations or sequences Max. 2 of any same type jump 	<p><i>Maximum of 3 spins, of a different nature:</i></p> <ul style="list-style-type: none"> One must be a combination spin with at least one change of foot and at least one change of position (min 5 revs per foot) The other spins are the option of the skater (min 6 revolutions per foot) All spins may fly 	<p>One step sequence or spiral sequence fully utilizing ice surface</p> <p>(see rule 4104 & 4105 for remarks)</p>	Skaters must have passed at least the U.S. Figure Skating intermediate free skate test but may not have passed tests higher than novice free skate test
<p>Junior</p> <p>Ladies: 3:30 +/- 10 sec. Men: 4:00 +/- 10 sec.</p>	<p><i>Maximum of 8 jump elements for men and 7 for ladies:</i></p> <ul style="list-style-type: none"> Any single jumps. Double jumps permitted: double Salchow, double toe loop, double loop and double flip Maximum of 3 jump combinations or sequences Max. 2 of any same type jump 	<p><i>Maximum of 3 spins of a different nature:</i></p> <ul style="list-style-type: none"> One spin in one position (Min. 6 revolutions) One flying spin (Min. 6 revolutions) One combination spin consisting of all three basic positions and one change of foot (2 per position, min. 5) revolutions per foot) 	<p>One step sequence fully utilizing ice surface</p> <p>(See rule 4105 for remarks)</p>	Skaters must have passed at least the U.S. Figure Skating novice free skate test but may not have passed tests higher than junior free skate test

<p>Senior</p> <p>Ladies: 4:00 +/- 10 sec. Men: 4:30 +/- 10 sec.</p>	<p>Maximum of 8 jump elements for men and 7 for ladies:</p> <ul style="list-style-type: none"> • Any single jumps. • Must include at least four different double jumps, one must be a double Lutz. • Triple jumps are not permitted • Maximum of 3 jump combinations or sequences • Max. 2 of any same type jump 	<p>Maximum of 3 spins of a different nature:</p> <ul style="list-style-type: none"> • One spin in one position (Min. 6 revolutions) • One flying spin (Min. 6 revolutions) • One combination spin consisting of all three basic spin positions and one change of foot (2 per position, min. 5 revolutions per foot) 	<p>Men: Two different step sequences, one being of advanced difficulty, both fully utilizing the ice surface. (See rule 4105 for remarks)</p> <p>Ladies: One step sequence of advanced difficulty, covering the full ice surface and one spiral sequence. (See rule 4104 & 4105 for remarks.)</p>	<p>Skaters must have passed at least the U.S. Figure Skating junior free skate test</p>
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B. **Well Balanced Program elements:** 2018-19 requirements will be used for the Oklahoma Open

C. **Adult Singles Well Balanced Program Elements:**

SINGLES COMPULSORY MOVES Please click the link below or visit www.usfigureskating.org to get the current requirements

This event is a standard U.S. Figure Skating Nonqualifying Competition
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INTRODUCTORY LEVELS COMPULSORY

Format: In simple program form, using a limited number of connecting steps, the skating order of the required elements is optional.

- To be skated on ½ ice.
- No music is allowed.
- The skater must demonstrate the required elements and may use any additional elements from previous levels.
- A 0.2 deduction will be taken for each element performed from a higher level.
- *Skaters may have the option to skate one level higher in compulsories than their free skate program.*

Level	Time	Skating rules/standards
Beginner	1:15 max.	<ul style="list-style-type: none"> • Waltz jump • ½ jump of choice • Forward two-foot or one-foot spin - minimum three revolutions (free leg position optional) • Forward or backward spiral
High Beginner	1:15 max.	<ul style="list-style-type: none"> • Toe loop jump • Salchow jump • Forward scratch spin - minimum three revolutions • Forward or backward spiral

Compete USA competitions may include through the Preliminary compulsory level. This chart can be found on the nonqualifying competition announcement page; Compulsory Moves – Singles; Compulsory Moves (No Test-Senior).

EVENT: COMPULSORY MOVES

General event parameters:

6. No Test – Juvenile: Elements skated on ½ ice
7. Intermediate – Senior: Elements skated on full-ice
8. The skater must demonstrate the required elements (performed once only) and may use any additional elements from previous levels.
9. A 0.2 deduction will be taken for each element performed from a higher level.
10. Music is not allowed.
11. Skaters may compete at their test level or one level higher.

Level	Time	Skating rules/standards
No-Test	1:15 max.	<ol style="list-style-type: none"> 1. Loop jump 2. Jump combination to include a toe loop (may not use a loop or Axel) 3. Solo spin - sit <u>or</u> camel spin - minimum three revolutions 4. Spiral sequence, must include a forward and backward spiral. Additional spirals and balance moves may be included.
Pre-Preliminary	1:15 max.	<ol style="list-style-type: none"> 1. Toe Loop jump 2. Jump combination: single/single (no Axel) 3. Sit spin or camel spin - minimum three revolutions 4. Spiral sequence with one forward spiral and one backward spiral (any edge)
Preliminary	1:15 max.	<ol style="list-style-type: none"> 1. Single Lutz 2. Jump combination: single/single (may include Axel) 3. Back upright spin - minimum three revolutions 4. Forward inside spiral
Pre –	1:15 max.	<ol style="list-style-type: none"> 1. Single jump (may include Axel) 2. Jump combination: single/single (may include Axel)

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Juvenile		<ol style="list-style-type: none"> Layback spin or camel spin - minimum three revolutions Step sequence - circular
Juvenile & Open Juv.	1:15 max.	<ol style="list-style-type: none"> Single Axel Jump combination: single/single or double/single Layback spin or camel spin - minimum three revolutions Step sequence – circular
Intermediate	1:30 max.	<ol style="list-style-type: none"> Double Salchow or double toe loop Jump combination: single/single or double/single Flying spin, minimum five revolutions Step sequence – straight line
Novice	1:30 max.	<ol style="list-style-type: none"> Double loop Jump combination: double/single or double/double Flying spin - minimum five revolutions Step sequence – straight line
Junior	1:30 max.	<ol style="list-style-type: none"> Double flip Jump combination: double/double or triple/double Combination spin - minimum 10 revolutions Step sequence – straight line
Senior	1:30 max.	<ol style="list-style-type: none"> Double Lutz Jump combination: double/double or triple/double Combination spin - minimum 10 revolutions Step sequence – straight line

EVENT: Adult Compulsory Moves

General event parameters:

1. Pre-Bronze to Silver: Elements skated on ½ ice
2. Gold/Masters: Elements skated on full-ice
3. Elements may be performed only once
4. Music is not allowed
5. Minimum number of revolutions is noted in parentheses

Level	Time	Elements
Adult Pre-Bronze	1:30 MAX	<ul style="list-style-type: none"> Two forward crossovers into a forward inside Mohawk, step down and cross behind, step into one backward crossover and step to a forward inside edge, clockwise and counterclockwise Jump combination or sequence consisting of only ½ revolution jumps (half loop is considered a full revolution jump) – maximum of 2 jumps in a combination and 3 jumps in a sequence Forward upright spin (Min. 3 revolutions) Forward spiral (any edge)
Adult Bronze	1:30 MAX	<ul style="list-style-type: none"> Single Salchow Waltz jump – toe loop combination jump Backward Upright Spin – entry optional (Min. 3 revolutions) Spiral sequence (Min. 2 spirals)
Adult Silver	1:30 MAX	<ul style="list-style-type: none"> Single loop Single/single jump combination Sit spin (Min. 3 revolutions) Straight line step sequence
Adult Gold	1:30 MAX	<ul style="list-style-type: none"> Single Lutz or Axel Single/single or single/double jump combination Camel spin (Min. 4 revolutions) Straight line step sequence
Masters	1:30	<ul style="list-style-type: none"> Axel, double Salchow, double toe loop or double loop Jump combination (double/double, single/double or

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Intermediate/Novice	MAX	<ul style="list-style-type: none"> double/single) that may include double Salchow , double toe loop or double loop and any single jump including Axel Solo spin of skater's choice (Min. 6 revolutions) Straight line step sequence
Masters Junior/Senior	1:30 MAX	<ul style="list-style-type: none"> Choice of any double jump Jump combination that may include any double jump Solo spin of skater's choice (Min. 8 revolutions) Straight line step sequence

SINGLES SHORT PROGRAM

The short program events listed below will be skated. Athletes and coaches are responsible for going to the U.S. Figure Skating rulebook for rules, program length, etc.

- A. Juvenile short program – Rule 4062
- B. Intermediate short program – Rule 4230
- B. Novice short program – Rule 4220
- C. Junior short program – Rule 4210
- D. Senior short program – Rule 4200

EVENT: Jumps Challenge

General event parameters:

- 12. Each jump may be attempted twice; the best attempt will be counted.
- 13. Pre-juvenile and lower will be skated ½ ice; Juvenile – senior will be skated on full ice
- 14. Jumps with an "*" must be preceded with connecting steps (intermediate – senior)

Level	Time	Skating rules / standards
Beginner	1:15 max.	<ol style="list-style-type: none"> Waltz jump (from backward crossovers) ½ flip or ½ Lutz Single Salchow
High Beginner	1:15 max.	<ol style="list-style-type: none"> Waltz jump (from backward crossovers) Single Salchow Jump combination – waltz jump-toe loop
No-Test	1:15 max.	<ol style="list-style-type: none"> Single toe loop Single loop Jump combination – Any two ½ or single revolution jumps (no Axel)
Pre – Preliminary	1:15 max.	<ol style="list-style-type: none"> Single toe loop Single flip Jump combination - Any two ½ or single revolution jumps (no Axel)
Preliminary	1:15 max.	<ol style="list-style-type: none"> Single flip Single Lutz Jump combination – Any single jump + single loop (may be Axel)
Pre – Juvenile	1:15 max.	<ol style="list-style-type: none"> Single Axel Single or double jump Jump combination – single/single (no Axel)
Juvenile & Open Juv.	1:15 max.	<ol style="list-style-type: none"> Single Axel Double Salchow Jump combination – single/single or double/single (no Axel)
Intermediate	1:30 max.	<ol style="list-style-type: none"> Single Axel Double loop*

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		7. Jump combination – double/single (no Axel)
Novice	1:30 max.	5. Double loop 6. Double flip* 7. Jump combination – double/double (may be double Axel)
Junior	1:30 max.	5. Choice of double or triple jump 6. Double or triple flip* 7. Jump combination – double/double (may be double Axel)
Senior	1:30 max.	5. Choice of double or triple jump 6. Double or triple Lutz* 7. Jump combination – double/double or triple/double (may be double Axel)

EVENT: Spins Challenge

General event parameters:

15. Spins may be skated in any order. Connecting steps are allowed, but will not be taken into consideration in scoring. Spins may not be repeated. Only required elements may be included.
16. All events are skated on ½ ice.
17. Minimum number of revolutions are noted in parentheses.

Level	Time	Skating rules / standards
Beginner	1:30 max.	1. Upright one-foot spin (3) 2. Upright two-foot spin (3) 3. Sit spin (3)
High Beginner	1:30 max.	1. Upright one-foot spin (3) 2. Upright two-foot spin (3) 3. Sit spin (3)
No-Test	1:30 max.	1. Upright one-foot spin (3) 2. Upright two-foot spin (3) 3. Sit spin (3)
Pre – Preliminary	1:30 max.	4. Upright one-foot spin (3) 5. Upright back scratch spin (3) 6. Sit spin (3)
Preliminary	1:30 max.	8. Forward scratch to back scratch spin (3) 9. Combination spin with no change of foot (4) 10. Sit spin (3)
Pre – Juvenile	1:30 max.	8. Camel spin (3) 9. Combination spin – camel to sit spin; no change of foot (6) 10. Forward to backward scratch spin (3 per foot)
Juvenile & Open Juv.	1:30 max.	8. Sit spin (4) 9. Combination spin – with change of foot; optional change of position (4 per foot) 10. Girls – layback spin (4); Boys – camel spin (4)
Intermediate	1:30 max.	8. Flying camel spin (5) 9. Sit spin to backward sit spin (4 per foot) 10. Combination spin – change of foot & change of position (4 per foot)
Novice	1:30 max.	8. Choice of camel, sit or layback spin (6) 9. Camel spin to backward camel spin (4 per foot in position) 10. Combination spin – change of foot & two changes of position (2 per position & 5 per foot)
Junior	1:30 max.	8. Flying sit spin or flying reverse sit spin (6) 9. Solo spin of choice (6) – may not fly 10. Combination spin – with change of foot & utilizing all three positions (2

		per position & 5 per foot)
Senior	1:30 max.	8. Flying spin of choice (6) 9. Solo spin of choice (6) – may not fly 10. Combination spin – with change of foot & utilizing all three positions (2 per position & 5 per foot)

SOLO DANCE EVENTS (NON-SOLO DANCE SERIES EVENTS)

SOLO PATTERN DANCE

[Pre-preliminary – international](#)

SOLO FREE DANCE

A. [Juvenile – senior](#)

PATTERN DANCE (PARTNERED)

[Juvenile – novice](#)

SHORT DANCE (PARTNERED)

[Junior – senior](#)

FREE DANCE (PARTNERED)

[Juvenile – senior](#)

THEATRE on ICE EVENTS

[Theatre on Ice](#)

SHOWCASE EVENTS

- A. [Dramatic Entertainment](#)
- B. [Light Entertainment](#)
- C. [Duet](#)